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BOOK

Zikr (Remembrance) of Allah



الذكر

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Zikr and Du'aa:

(Remembrance and supplications) are the easiest and most rewardable acts of worship. A Muslim can do these two forms of worship at any time and status.

Allah, the Exalted, says in the Holy Qur'an(meanings):

{Recite what has been revealed to you of the Book (the Quran), and perform the regular prayer: for the prayer restrains from shameful and unjust deeds, and remembrance of Allah is the greatest (thing in life) without a doubt. And Allah knows the (deeds) that you do.} [29:45].

The Messenger of Allah (Blessings and peace of Allah be upon him) said: "Allah, the Exalted, says: <I am as my slave expects me to be, and I am with him when he remembers Me. If he remembers Me inwardly, I will remember him inwardly, and if he remembers Me in an assembly, I will remember him in a better assembly (i.e., in the assembly of angels).> [Al-Bukhari and Muslim].

Essence and merit of Zikr:

Zikr comprises every word, deed, and supplication used in praising and praying to Allah, the Exalted, with His Names and Attributes, Oneness, and Glorifying Him by reciting the Holy Qur'an and supplicating Him as we say: Subhana Allah (Glory be to Allah) and Al-Hamdu Li-Allah (Praise be to Allah).

Benefits of Zikr:

- 1 – Protection and immunity against misfortune, adversity, discomfort, and trouble, in addition to earning what is hoped for.
- 2 – Keeping and protecting Muslims safe from all types of evil.
- 3 – Earning blessings and good things.
- 4 – Living in a safe and secure status.
- 5 – Attaining victory against enemies since Zikr grants the Muslims sound heart and mind and a healthy body.
- 6 – Attaining a high ranking in the Hereafter.
- 7 – Tranquility and calmness since the Muslim who performs a daily Zikr feels Divine Care and support, and nobody can harm him.

Manner of Zikr:

The best type of Zikr is to practice it by tongue and heart, accompanied by calling spiritual meanings to the mind. Scholars of Islam have agreed that reciting the Holy Qur'an is the best form of Zikr.

Sufyan Al-Thawri (may Allah have mercy on him) said: 'We learned that reciting the Holy Qur'an is the best form of Zikr if put into practice.'

Imam Al-Nawawi (may Allah have mercy on him) said: 'One has to know that the best type of Zikr we are required to understand in deep is: The Holy Qur'an.'

Generally speaking, Muslims have to comply with PRACTISING: reciting the Holy Qur'an, different forms of Zikr, and other kinds of good deeds. Listening/harking to the Holy Qur'an is highly recommended. The Messenger of Allah (Blessings and peace of Allah be upon him) was used to listening to the



recitation of the Holy Qur'an from his Honorable Companions.

Ibn Mas'ood (may Allah be pleased with him) reported that the Messenger of Allah (Blessings and peace of Allah be upon him) said to me: «Recite the Qur'an to me.» I said, 'Shall I recite (it) to you while it has been revealed to you?' He said, «I like to hear it from another person.» [Al-Bukhari]

Benefits of listening to the Holy Qur'an:

- Listening to the Holy Qur'an results in sending down the Divine Mercy: Allah, the Exalted, says in the Holy Qur'an (meanings): {So when the Qur'an is recited, then listen to it and pay attention that you may receive mercy.} [7:204]
- Listening to the Holy Qur'an leads to the humbleness of the heart, weeping, and tearfulness Allah, the Exalted, says in the Holy Qur'an (meanings): {Those were the ones upon whom Allah bestowed favor from among the prophets of the descendants of Adam and of those We carried [in the ship] with Noah, and of the descendants of Abraham and Israel, and of those whom We guided and chose. When the verses of the Most Merciful were recited to them, they fell into prostration and weeping.} [19:58]



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