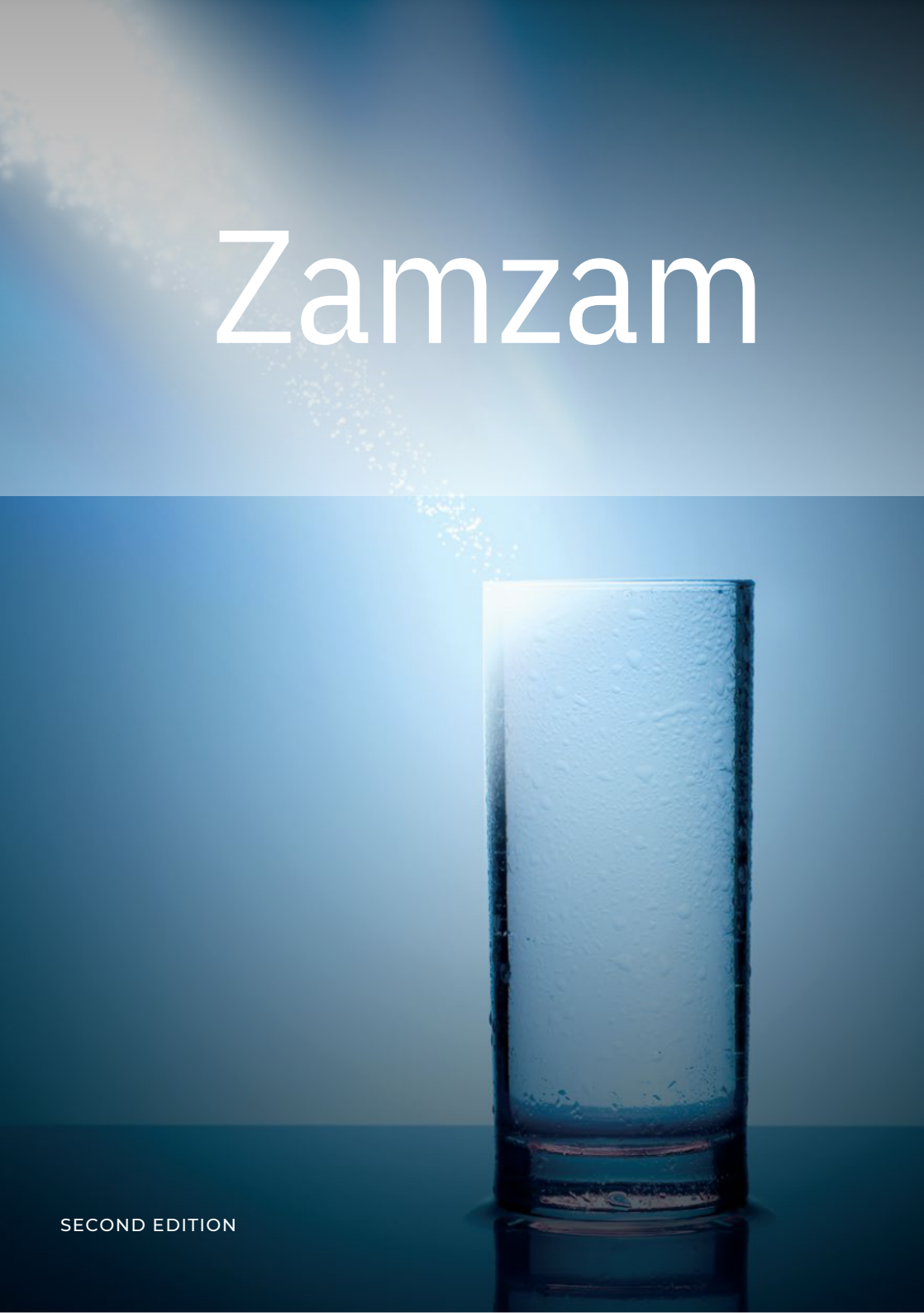


Zamzam



SECOND EDITION



Zamzam



Zamzam is a water of both natural and spiritual significance to much of humanity. It is the oldest drinking water well found on Earth today, still flowing freely day and night within Makkah. Prophet Muhammad (peace be upon him) said,

“...Zamzam is sacred and it fulfils your intention; if you are drinking for a cure, you will be cured. If you are drinking to be full, your stomach will be full. If you are drinking to quench your thirst, you will no longer be thirsty...”

(Ibn Majah)

He also said that Zamzam is a blessed food for the hungry and a medicine for the sick. It came from the ground as a divine miracle from the days of the Father of the Prophets, Abraham. He was the forefather of, amongst other prophets, Isaac, Ishmael, Solomon, David, Jesus and Muhammad (peace be upon them all). When he left his wife, Hagar, and their son, Ishmael, in the desert by the decree of Allah, Hagar ran desperately through the valley looking for water for her son. The angel Gabriel appeared and struck the ground causing the spring of Zamzam to appear by the permission of Allah. It was a miracle given by Allah to this blessed infant and his blessed parents.



Qualities of the Zamzam Well



The Zamzam well has provided a nearly continuous supply of water for 4000 years and is a living miracle.

It has kept its mineral and salt content almost consistent, a high quality drinking water that is clear and tasteless – even after long storage.

Pilgrims never complain of illness after drinking it and it is used as a cure for those seeking relief from hunger, thirst and illness. It is reported that when Ibn Abbas (may Allah be pleased with him) drank from the water of Zamzam, he said,

Zamzam has been found to be high in its proportions of magnesium and calcium – giving pilgrims greater nourishment - as well as appearing to contain anti-germ fluorides in very well balanced proportions.

People have tried to re-create the qualities of Zamzam water without success.

It is desirable that one should drink Zamzam water in three breaths, face toward the Qiblah, drink as much as possible, and praise and thank and supplicate to Allah as Ibn Abbas did. Abu Mulaykah reported:

“O Allah, I ask you for beneficial knowledge, plentiful provision and healing from every disease.”

The water in most wells often becomes undrinkable because of plant and animal parasites but not so the well of Zamzam whose water remains remarkably clear and neutral tasting. Zamzam water has not been found to be affected by evaporation that concentrates salt in water.

A man came to Ibn Abbas. He asked the man, ‘Where are you coming from?’ The man replied: ‘I am coming from the well of Zamzam.’ Ibn Abbas asked him, ‘Did you drink from it as you are supposed to?’ The man asked: ‘O Ibn Abbas, how am I supposed to drink it?’ Ibn Abbas replied: ‘When you drink its water you should face the direction of the Qiblah, remember Allah, drink it in three breaths, drink as much as you can, and praise and thank Allah when you finish drinking...’

(Ibn Majah, Ad-Daraqutni and Al-Hakim)



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